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NAME _____ DATE _____

ADDRESS _____ ZIP _____

DATE OF BIRTH _____

PHONE (H) _____ (C) _____ (W) _____

E-MAIL _____ REFERRED BY _____

EMERGENCY CONTACT NAME _____ PHONE _____

PRIMARY CARE PHYSICIAN _____ PHONE _____

Please list your 3 primary health concerns in priority order (Ex: allergies, weight problems, fatigue, hormone imbalance, digestion, frequent colds, prevention of illness, osteoporosis, prostate, fibromyalgia, chronic fatigue syndrome, poor health)

___ Unchanged since last visit.

| Health Concern | Prior Treatment/Approach |
|----------------|--------------------------|
| 1. | |
| 2. | |
| 3. | |

Additional concerns:

List any supplements you are taking or have taken along with the dosage and dates taken.

___ Unchanged since last visit.

| Supplement | Brand | Dosage | Date |
|------------|-------|--------|------|
| 1. | | | |
| 2. | | | |
| 3. | | | |
| 4. | | | |
| 5. | | | |

List any medications you are taking or have taken along with the dosage and the dates taken.

___ Unchanged since last visit.

| Medication | Dosage | Date |
|------------|--------|------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |

List any past and current diagnoses and the date diagnosed.

___ Unchanged since last visit.

| Diagnosis | Date Diagnosed | Active | Resolved |
|-----------|----------------|--------|----------|
| 1. | | | |
| 2. | | | |
| 3. | | | |

Do you follow or have you followed any specific nutrition, diet, or exercise programs and how well did they work for you?
Ex: Atkins, Zone, Weight Watchers, Curves, Golds Gym, etc.

___ Unchanged since last visit.

| Program | Results/Outcome | Date Started | Current | Discontinued |
|---------|-----------------|--------------|---------|--------------|
| 1. | | | | |
| 2. | | | | |
| 3. | | | | |

What exercises have you implemented?

CONGRATULATIONS !! YOU HAVE TAKEN A MAJOR STEP TOWARD IMPROVING YOUR HEALTH AND
INCREASING YOUR QUALITY OF LIFE!!
BETTER HEALTH THROUGH CHIROPRACTIC AND CLINICAL NUTRITION