PATIENT HEALTH QUESTIONNAIRE

Name_____ Date_____

Please check all answers and fill in the blanks where appropriate. In the space below, please describe the major complaint which brought you to this office for care.

1. Major Complaint Description: (include related areas)

- **a. Area** ☐head ☐neck ☐upper back ☐mid back ☐low back ☐shoulder ☐arm ☐hand ☐hip ☐leg ☐knee ☐foot
- **b. Location:** ☐front ☐back ☐right ☐left ☐both sides ☐other (specify)_____
- **c. Description:** ☐ sharp pain ☐ dull pain ☐ache ☐weak ☐throbbing ☐numb ☐shooting ☐gripping ☐burning ☐ tingling
- **d. Frequency:** ☐ constant (76-100%) ☐ frequent (51-75%) ☐ occasional (26-50%) ☐ intermittent (25% or less)
- **e. Intensity:**

no pain 1 2 3 4 5 6 7 8 9 10 unbearable pain

2. Describe how you current episode began: ☐ Uneventfully ☐ Gradually over time ☐ After specific incident

a. If from a fall, how many feet did you fall?_____

Did you land on ☐ Right ☐ Left ☐ Head ☐ Shoulder ☐ Middle Back ☐ Low Back ☐ Other_____

b. If from lifting, how many lbs?_____ and in what position were you?

☐ bent forward ☐ bent backward ☐ knees bent ☐ twisted

Did you lift ☐ once ☐ a few times ☐ many times? Additional information?_____

3. Since current episode began on _____ has it ☐ decreased ☐ not changed ☐increased?
date

(if you don't know the specific date approximately how many _____weeks _____months_____years?)

4. What doctors/providers have you seen for this episode? ☐ DC ☐ MD ☐ DO ☐ PT ☐ None ☐Other_____

Examinations included: ☐ X-Rays _____ ☐ MRI _____ ☐ Other/results_____
date date

5. Treatment for this episode has included: ☐ Chiropractic _____ ☐ Exercise therapy ☐ heat ☐ cold (ice)

☐ physical therapy_____ ☐ electrical therapy ☐ spinal injection_____ ☐ support/brace

☐ surgery: describe_____ ☐ prescribed medication: list _____ ☐ OTC meds _____

6. In the past, have you been treated for a similar problem? ☐ Yes ☐ No If Yes, when?_____

What treatment helped?_____ Type of provider seen?_____

7. What makes your problem better/worse?

☐ nothing ☐ lying down ☐ walking ☐ standing ☐ sitting ☐ movement/exercise ☐inactivity

8. How would you rate your general stress level? ☐ little or no stress ☐ minimal stress ☐ moderate stress ☐ greatly stressed

9. Physical activity at work: ☐sitting more that 50%of the day ☐light manual labor ☐manual labor ☐heavy manual labor ☐repeated motion

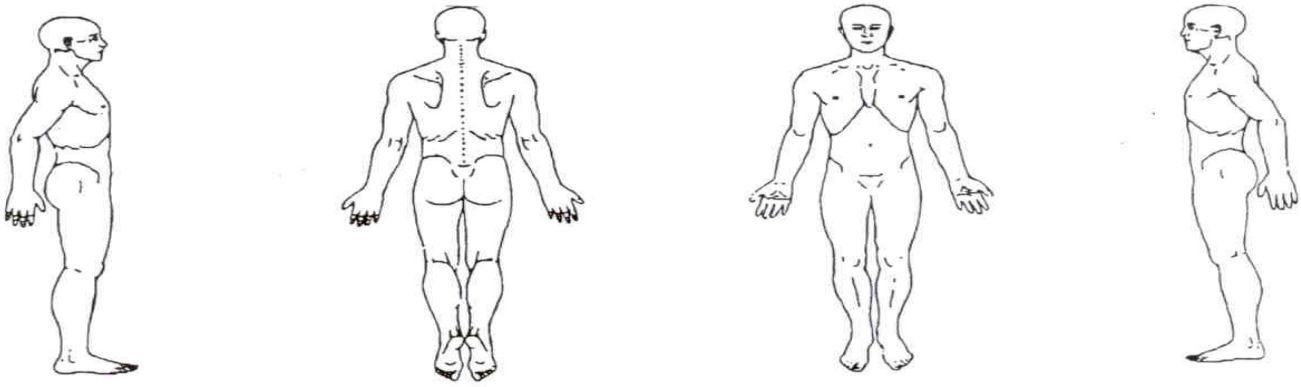
10. General physical activity:

☐ no regular exercise program ☐ light exercise program ☐ moderate exercise program ☐ strenuous exercise program

11. Are your complaints affecting your ability to work or otherwise be active?

☐ no effect
☐ some physical restrictions (able to perform light duty & household tasks)
☐ need limited assistance w/ common everyday tasks
☐ need assistance often
☐ significant inability to function w/out assistance
☐ am totally disabled (impaired), and cannot care for self
☐ cannot perform usual work duties
☐ cannot work at all

Mark an X on the picture where you have pain or other symptoms as described in the major complaint description above.



Patient's Signature_____ **Date** _____

PERSONAL HISTORY

NAME_____ DATE_____

ADDRESS: _____

_____

HOME#: _____ CELL#:_____ WORK#:_____

EMERCENCY CONTACT NAME_____

EMERCENCY CONTACT PHONE_____

EMAIL ADDRESS: _____

DATE OF BIRTH: _____ MARITAL STATUS_____ REFERRED BY_____

PRIMARY CARE PHYSICIAN: _____

PRIMARY INSURANCE COMPANY: _____ Phone Number: _____

ID#:_____ Group#:_____

INSURED'S NAME: _____ Relationship: _____

Date of Birth of Insured: _____

Occupation & Employer: _____

SECONDARY INSURANCE: _____ Phone Number: _____

ID#: _____ Group#: _____

INSURED'S NAME: _____Relationship: _____

Date of Birth of Insured_____

Occupation & Employer_____

DO YOU TAKE ANY MEDICATIONS? ☐ yes ☐ no

If yes, please list all medications:

_____

_____

DO YOU HAVE ANY MEDICATION ALLERGIES? ☐ yes ☐ no

If yes, please describe: _____

_____

DO YOU HAVE ANY OTHER ALLERGIES? ☐ yes ☐ no

If yes, please describe:

_____

ARE YOU A SMOKER? ☐ yes ☐ no

☐ current smoker ☐ ex-smoker ☐ never smoked

0-10 Numeric Pain Rating Scale

HEIGHT: _____ WEIGHT: _____ BLOOD PRESSURE: _____

Signature_____ Date_____

PATIENT NAME_____ **DATE**_____

Below is a list of conditions, which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as these problems can effect your overall diagnosis, treatment plan and possibility of being accepted for care.

CHECK ANY OF THE FOLLOWING DISEASES YOU HAVE OR HAVE HAD:

☐ Appendicitis	☐ Malaria	☐ Chicken Pox	☐Alcoholism
☐ Scarlet Fever	☐ Tuberculosis	☐ Diabetes	☐ Venereal Infection
☐ Diphtheria	☐ Whooping Cough	☐ Cancer	☐ Auto Immune Deficient Syndrome
☐ Typhoid Fever	☐ Anemia	☐ Heart Disease	☐ Epilepsy
☐ Pneumonia	☐ Measles	☐ Goiter	☐ Mental Disorder
☐ Rheumatic Fever	☐ Mumps	☐ Influenza	☐ Lumbago
☐ Polio	☐ Small Pox	☐ Pleurisy	☐ Eczema

CHECK ANY OF THE FOLLOWING YOU HAVE HAD IN THE PAST 6 MONTHS:

MUSCULO-SKELETAL CODE

☐ Low Back Pain
☐ Pain Between Shoulder
☐ Neck Pain
☐ Arm Pain
☐ Joint Pain / Stiffness
☐ Difficult Chewing / Clicking Jaw

☐ Gas / Bloating
☐ Heartburn
☐ Black / Bloody Stool
☐ Colitis
☐ Walking Problems

FEMALES ONLY

When was your last period?_____

Are you pregnant? ☐yes ☐no ☐ maybe

NERVOUS SYSTEM CODE

☐ Numbness
☐ Paralysis
☐ Dizziness
☐ Forgetfulness
☐ Confusion / Depression
☐ Fainting
☐ Convulsions
☐ Cold / Tingling Extremities

GENERAL CODES

☐ Headaches
☐ Allergies
☐ Loss of Sleep
☐ Fever

EENT CODE

☐ Vision Problem
☐ Dental Problems
☐ Sore Throat
☐ Ear Aches
☐ Hearing Difficulty
☐ Stuffed Nose

GENITO-URINARY CODE

☐ Bladder Trouble
☐ Painful / Excessive Urination
☐ Discolored Urine

GASTRO-INTESTINAL CODE

☐ Poor / Excessive Appetite
☐ Excessive Thirst
☐ Frequent Nausea
☐ Vomiting
☐ Diarrhea
☐ Constipation
☐ Hemorrhoids
☐ Liver Trouble
☐ Gall Bladder Problems
☐ Weight Trouble

C-V-R CODE

☐ Chest Pain
☐ Short Breath
☐ Blood Pressure Problems
☐ Heart Problems
☐ Irregular Heartbeat
☐ Lung Problems / Congestion
☐ Varicose Veins
☐ Ankle Swelling

MALE / FEMALE CODE

☐ Menstrual Irregularity
☐ Menstrual Cramping
☐ Vaginal Cramping
☐ Breast Pains / Lumps
☐ Prostate / Sexual Dysfunction
☐ Genital Herpes

FAMILY HISTORY- check all that apply

	Maternal Grandma	Maternal Grandpa	Paternal Grandma	Paternal Grandpa	Mother	Father	Brother	Sister
Allergies	☐	☐	☐	☐	☐	☐	☐	☐
Arthritis	☐	☐	☐	☐	☐	☐	☐	☐
Asthma	☐	☐	☐	☐	☐	☐	☐	☐
Cancer (type)	☐	☐	☐	☐	☐	☐	☐	☐
Diabetes	☐	☐	☐	☐	☐	☐	☐	☐
Heart Disease	☐	☐	☐	☐	☐	☐	☐	☐
Mental Disease	☐	☐	☐	☐	☐	☐	☐	☐
Thyroid Imbalance	☐	☐	☐	☐	☐	☐	☐	☐

Other_____

DR. DAVID A. WALLMAN

CERTIFIED SPORTS CHIROPRACTOR
CERTIFIED CLINICAL NUTRITIONIST
GENERAL AND FAMILY PRACTICE

SMITHTOWN CHIROPRACTIC 32 LAWRENCE AVENUE SMITHTOWN, NEW YORK 11787
PHONE (631) 265-1727 FAX (631) 265-9014

ASSIGNMENT & INSTRUCTION FOR DIRECT PAYMENT TO DOCTOR

I hereby direct and instruct the _____ insurance company to pay by check made out and mailed directly to:

Smithtown Chiropractic
32 Lawrence Avenue
Smithtown, New York 11787

If my current policy prohibits direct payment to the doctor, then I hereby also direct and instruct you to make the check payable to me and mail it as follows:

Patient Name: _____
c/o Smithtown Chiropractic
32 Lawrence Avenue
Smithtown, New York 11787

The professional or chiropractic expense benefits allowable and otherwise payable to me under my current policy as payment towards the total charges for professional services rendered are to be directed toward and made payable to Smithtown Chiropractic. THIS IS A DIRECT ASSIGNMENT OF MY RIGHTS AND BENEFITS UNDER THIS POLICY. This payment will not exceed my indebtedness to the above mentioned assignee, and I have agreed to pay, in a current manner, any balance of said professional service charges over and above this insurance payment.

A PHOTOCOPY OF THIS ASSIGNMENT SHALL BE CONSIDERED AS EFFECTIVE AND VALID AS THE ORIGINAL.

I also authorize the release of any information pertinent to my case to any insurance company, adjuster or attorney involved in the claim/case.

Dated at Smithtown Chiropractic this _____ day of _____ 201__

_____ _____
Signature of Policy Holder Witness

_____
Signature of Claimant, if other than policy holder

Assignment & Instruction For Direct Payment to Doctor

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RECEIPT OF NOTICE OF PRIVACY PRACTICES WRITTEN ACKNOWLEDGEMENT FORM

I, _____, have received a copy of Smithtown Chiropractic's "Notice of Privacy Practices".

_____ _____
Signature of Patient/Legal Guardian Date

I give permission to Smithtown Chiropractic to disclose protected health information without restriction as outlined in their "Notice of Privacy Practices" to the appropriated parties, including the following indivduals:

_____

_____

_____

_____ _____
Signature of Patient/Legal Guardian Date